



## Tortilla Flour Wheat 10

SUPC: 7379146

### Nutrition Information

Serving Size: 1 Tortilla (65 grams)

**Amount Per Serving**

Calories: 180

Calories from Fat: 45

**% Daily Value\***

<b>Total Fat:</b>	5 GM	8%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
<b>Cholesterol:</b>	0 MG	0%
<b>Sodium:</b>	270 MG	11%
<b>Potassium:</b>	NA	NA
<b>Total Carbohydrate:</b>	29 GM	10%
Dietary Fiber:	6 GM	24%
Sugars:	0 GM	
<b>Protein:</b>	5 GM	

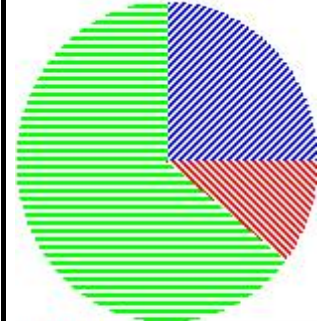
Vitamin A: 0%      Vitamin C: 2%

Calcium: 0%      Iron: 15%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:  
 Fat 9      Carbohydrate 4      Protein 4

**Calorie Percentages**



PRO - 11%  
 CHO - 64%  
 FAT - 25%

**Ingredients:**

Whole Wheat Flour, Water, Enriched Bleached Wheat Flour (flour, niacin, iron, thiamine monotriate, riboflavin, folic acid), Soybean Oil, Vegetable Mono & Diglycerides, Tocopherols (Vitamin E) and Vitamin C Palmitate (as antioxidants), Contains less than 2% of the following: Salt, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Calcium Sulfate), Calcium Propionate (Preservative), Rice Flour, Fumaric Acid, Hydrogenated Palm and Soybean Oil, Potassium Sorbate (Preservative), Guar Gum, Mono & Diglyceride, Sodium Metabisulfate (Dough Conditioner).

**Allergens:** Soy, Wheat

**Notes**

- The nutritional values indicated may not be complete based on limited information from product manufacturer.
- This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
- If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
- These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.